

A story of hope

Like many women of Cambodia, Nahob Phal is acquainted with grief.

She's lost her husband and a child from disease and was left to fend for her five surviving children with meagre food and no clean water.

In 2011, HOPE arrived. A well was installed in Nahob's backyard, bringing life and clear water to the area. Over the past four years, Nahob has used the water to start the rice noodle business, she's built a house, seen her daughter marry, started a pig farm and has become the Community Resource Person.

Nahob and her children make up to 200kg of noodles a day, thanks to the clean water that's readily available. And she's generous, scooping handfuls of rice noodles to hand to visitors as they leave.

Nahob and her daughter preparing noodles



Be part of the solution

HOPENZ's development programme focuses on clean drinking water, sustainable agriculture, primary health care, family income development and education.

With your help, we can offer a helping hand to communities in desperate need of new life.

The name HOPENZ reflects our Kiwi roots as well as our commitment to HOPE International Development Agency, our sister organisation. Together, our mission is to help the poorest of the poor to help themselves.

Thank you in advance for your support. The HOPENZ board work alongside our colleagues in Cambodia and the Philippines to funnel your gift in to the areas of greatest need.

You can be assured that your gift will make a positive impact in someone's life, with at least 94¢ of each dollar going in to a project.

Set up an Automatic Payment or Direct Debit either on line or by filling in a simple form at your bank.

You will need to know our bank details, which are:

Westpac Bank account
HOPENZ Charitable Trust
03 0285 01 89387 00

Or contact us at:

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Summerhill 4448
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www.hopenz.org.nz



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A hand up not a hand out



Practical solutions to real problems affecting real people

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My Cambodian experience

How inspiring to see people who so gratefully and graciously receive the little we give and turn it into hope for their futures.

A well becomes a vegetable garden to feed the family; a pig becomes more pigs to be sold; access to education and rice seed banks become opportunities to reach out from themselves to others. Small businesses are being set up; beautiful wooden carved bowls are being chiselled out, families are enjoying socialising and eating delicious food prepared in tiny roadside restaurants. Communities themselves are meeting together, discussing how best to use their resources, who will manage them and how. Their faces show so much, faces that glow with a sense of excitement and freedom of being able to choose, having choice instead of mere survival. What a rewarding journey we are all on generously supporting these very effective projects through HOPENZ. Thank you all.

Barbara Stuckey
DIRECTOR, HOPENZ BOARD

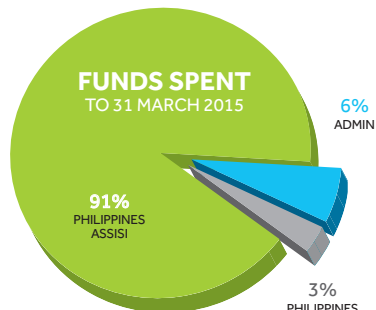
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Water and Sustainable Agriculture in the Philippines

We've seen incredible success to date with our Philippines Water and Sustainable Agriculture Project.

In 2013, HOPE began a two-year partnership with 12 communities in the Luzon and Mindanao provinces. Our overarching goal was to help bring clean water to the people and to help set up infrastructure and community organisations to sustain it.

We also wanted to work with local farmers who couldn't afford basic tools or seeds and lacked technical training.

And finally we wanted to facilitate improved agricultural production and food security for 1800 people, as well as help 4000 people gain access to clean water.

Two years later, 4720 people have been trained with most growing more food and have an increased income.

Clean water has been delivered to 12,527 people and family health has improved, skills have increased and the communities are completely self-managed. One Mayor reported that there has been no armed conflict within his municipality since the project started.

